

Daily Routine

Antonio Rapacciolo

Trumpet

Slurred, staccato, or double tongued in every key

Single, double, triple tonguing

Legato and staccato

Staccato

Major and Minor

Try to keep your THROAT OPEN, the SHOULDERS low and relaxed, the neck a little forward, relax the belly. Then inhale and DON'T HOLD the breath!!! Start immediately to play. REST as much time as the previous exercise takes, EVEN MORE IF NEEDED!!!

All the exercises must be played using as first note the sequence in the M-O line (I wrote all the guidelines in simple key just to make it easier to understand), this will expand your range down an up without swelling your lips. If needed transpose in each key to avoid keeping your brain occupied doing the transposition!

Let's start with F#: follow strictly the sequence of articulation: A-B slurred, then tongued and then double tongued then go to C-D line and play as written, then E-F and then to G-L. Once you have done it, just repeat the same thing with the next note in the M-O line, i.e. middle B. My M-O sequence is just a reference, feel free to shuffle the notes and don't go too high if you don't feel you can yet. Don't forget to use also minor modes. E-F line of course cannot apply to the sequence, just change chromatically upwards i.e. the second time you will start from low A, then low C then middle Eb and so on.

Never attempt a higher degree if don't have a full sound with the previous note! It will take time!!! Study with a metronome: start each daily routine with a faster tempo (I started with 60 bpm) and DON'T increase the tempo if your sound the preceding day isn't the best you can expect from you!